

Date of Preparation: July 29, 2021

CURRICULUM VITAE

Y'Esha Williams, PhD, MSN, RN

874 Union Ave., Room 241

Memphis, TN 38163

901.448.3772

yvclick@uthsc.edu

EDUCATION:

Institution	Degree	Major	Year
The University of Mississippi	B. A.	Biology	2004-2008
The University of Tennessee Health Science Center	MSN	Nursing	2010-2012
The University of Tennessee Health Science Center	Ph.D.	Nursing	2012-2016

Dissertation: "*Examining Associations between Depression, Obesity, and Physical Activity Self-Efficacy in African American Mother-Child Dyads*"

Committee Chair: Dr. Carolyn Graff

Defense Date: March 24, 2016

HONORS/AWARDS:

The DAISY Award for Extraordinary Nurses	December 2020
U of M <i>First Time Principal Investigator Award</i>	November 2019
Southern Nursing Research Society Top Student Poster Presentation	February 2017
3 rd Place Podium Presentation Southern Research Society	February 2017
Southern Regional Education Board Doctoral Scholarship \$20,000 per year	2013-2016
Robert Wood Johnson Foundation Scholarship (\$10,000)	2010-2011
Sigma Theta Tau International Honor Society of Nursing	2012
Greenwood High School Teacher of the Year	2009-2010

LICENSURE: Registered Nurse, Tennessee/Multistate, 189655, Expires January 2024

CURRENT PROFESSIONAL MEMBERSHIPS:

Sigma Theta Tau- Beta Theta Chapter

American Nurses Association

Tennessee Nurses Association

American Psychiatric Nurses Association

UNIVERSITY APPOINTMENTS:

Assistant Professor, Present
The University of Tennessee Health Science Center

Clinical Associate Professor, 2020-2021
The University of Memphis Loewenberg College of Nursing

Assistant Professor, 2016-2020
The University of Memphis Loewenberg College of Nursing

PRACTICE/PROFESSIONAL EXPERIENCE:

Charge Registered Nurse 2013-2016
Parkwood Behavioral Health Hospital

OTHER ACADEMIC APPOINTMENTS:

Adjunct Faculty, 2014-2015
The University of Tennessee Health Science Center

TEACHING EXPERIENCE:

NSG 460 Mental Health Nursing Concepts 2021-Present
The University of Tennessee Health Science Center

NSG 452 Population Health Nursing Concepts 2021-Present
The University of Tennessee Health Science Center

NURS 3127 Mental Health Nursing 2018-2021
The University of Memphis Loewenberg College of Nursing

NURS 3129 Mental Health Clinical Coordinator 2019-2021
The University of Memphis Loewenberg College of Nursing
**Includes Labmbuth Nursing Campus*

Mental Health vSim and Simulation Coordinator 2019-2021
The University of Memphis Loewenberg College of Nursing
**Includes Labmbuth Nursing Campus*

NURS 2129 Mental Health Nursing Practicum 2019-2021

The University of Memphis Loewenberg College of Nursing	
<i>NURS 7990 Scholarly Synthesis</i>	2016-2021
Graduate School	
The University of Memphis Loewenberg College of Nursing	
<i>NURS 3006 Professional Nursing Seminar</i>	2019-2021
The University of Memphis Loewenberg College of Nursing	
<i>HCL 3060 Interdisciplinary Communications in Health Care</i>	2017-2019
<i>*Course Developer/Creator</i>	
The University of Memphis	
<i>NURS 3005 Introduction to Professional Nursing</i>	2016-2019
The University of Memphis Loewenberg College of Nursing	
<i>NURS 3000 Pharmacology RN-BSN</i>	2017-2018
RN-BSN Program	
The University of Memphis Loewenberg College of Nursing	
<i>NURS 3106 Foundations Nursing Skills Lab</i>	Fall 2016
The University of Memphis Loewenberg College of Nursing	
<i>Mental Health Clinical Adjunct Instructor</i>	Fall 2015
The University of Tennessee Health Science Center	Fall 2014
<i>Nursing Skills Lab I</i>	Fall 2015
The University of Tennessee Health Science Center	Fall 2012
<i>Adult Nursing Skills Lab II</i>	Spring 2015
The University of Tennessee Health Science Center	Spring 2014
<i>Pediatric Community Health Clinical Instructor</i>	Spring 2013
The University of Tennessee Health Science Center	
<i>Health of Populations Clinical Instructor</i>	Fall 2012
The University of Tennessee Health Science Center	
<i>RWJF Pre-Entry Immersion Program Assistant</i>	2012-2013
The University of Tennessee Health Science Center	
<i>Biology I, Biology II, and Human Anatomy and Physiology</i>	2009-2010
Greenwood High School	

VISITING PROFESSORSHIPS AND INVITED LECTURES:

“Trends in Med-Surg Patient Care- Recognizing Mental Illness”	2018
Methodist University Hospital	
“Trends in Med-Surg Patient Care- Recognizing Mental Illness”	2016
Methodist University Hospital	

COMMITTEES AND OFFICES HELD:

<i>Dean's Leadership Council</i> The University of Memphis Loewenberg College of Nursing	2021
<i>Co-Chair Undergraduate Council Committee</i> The University of Memphis Loewenberg College of Nursing	2021
Admissions Committee The University of Memphis Loewenberg College of Nursing	2021
Technology Committee The University of Memphis Loewenberg College of Nursing	2021
<i>LCON Search Committee</i> The University of Memphis Loewenberg College of Nursing	2021
<i>Arts and Health Subcommittee</i> The University of Memphis	2019-2021
<i>Faculty Sick Leave Senate</i> The University of Memphis	2018-2021
<i>Traffic & Parking Committee</i> The University of Memphis	2018-2021
<i>Evaluation Committee</i> The University of Memphis Loewenberg College of Nursing	2016-2020

RESEARCH AND OTHER EXTERNAL SUPPORT:

COVID-19 Health Information Outreach Award: Improving Accessibility of Health Information during the COVID-19 Pandemic: Health Education for Living During the Pandemic-US (HELP US Project) NIH Grant: \$18,975 Role: Co-PI	2021
University of Memphis CoRS (Communities of Research Scholars) Grant Funded: \$5000 yearly Role: Co-PI	2018-2021
Examining Associations between Depressive Symptoms, Body Mass Index, and Physical Activity Self-Efficacy in African American Mothers and Adolescents Sigma Theta Tau International Research Grant Funded: \$1895 Role: PI	2019-2020
UTHSC Dissertation Award Funded: \$2000 Role: PhD Candidate	Fall 2015

PEER-REVIEWED JOURNAL ARTICLES:

Williams, Y., Cowan, P., & Graff, J. (2020). Examining the associations among depressive symptoms, body mass index (BMI) z-scores, and physical activity self- efficacy in African American (AA) children. *The Journal of Child and Family Studies*, 1–10. Advance online publication. <https://doi.org/10.1007/s10826-020-01761-x>

Wittenberg, E., Goldsmith, J., Williams, Y. (2018). Caring for Family Caregivers: A Pilot Test of an Online COMFORT Communication Training Module for Undergraduate Nursing Students. *Journal of Cancer Education*, 1-6.

Cowan, P., Weeks, Y., Wicks, M. (2015). Promoting ethnic minority and male success in an accelerated, entry-level mater's in nursing program: The sustain program. *Journal of Nursing Education*, 54(9)

RECENT PRESENTATIONS

Lee, S., Singarella, I., Jin, S., Bertz, C., Elswick, S., Hicks, K., & Williams, Y. (2021, February). *Community Health Needs Assessment via Public Library and University Partnership during the COVID-19 Pandemic*. Virtual Presentation at the Southern Nursing Research Society 35th Annual Conference.

Williams, Y., Cowan, P., Graff, C., Wicks, M., & Tolley, E. (2017, April). *Associations among depressive symptoms, body mass index (BMI) z-scores, and physical activity self- efficacy in African American (AA) children*. Podium presentation at the Arkansas Research Day Conference, Little Rock, AR.

Williams, Y., Cowan, P., Graff, C., Wicks, M., & Tolley, E. (2017, February). *Associations among depressive symptoms, body mass index (BMI) z-scores, and physical activity self- efficacy in African American (AA) children*. Poster and podium presentation at the Southern Nursing Research Society 31st Annual Conference, Dallas, TX.

Williams, Y., Cowan, P., Graff, C., Wicks, M., Hare, M., & Tolley, E. (2016, June). *Associations among depressive symptoms and body mass index in mother-child dyads*. Poster and podium session presented at the Community-Campus Partnership Conference to Address Health Disparities, Little Rock, AR.

Hitt, J., Cowan, P., Williams, Y. (2014, October). *A relationship of mutual benefit: Integrating doctoral students into the new careers in nursing program*. New Careers in Nursing Summit, Chicago, IL.

Cowan, P., Williams, Y., Hitt, J. (2013, October). *Choosing doctoral education: Factors influencing pursuit of doctoral education by previous new careers in nursing scholarship recipients*. New Careers in Nursing Summit, Washington D.C.